

Name: _____ DOB: _____

Current Medications

List ALL medications that you currently take. Include name, dosage, frequency, and prescriber (if known). Examples include anticoagulants (blood thinners), blood pressure medication, supplements, vitamins, topicals (creams), CBD products, etc. Please provide an additional or separate list if you run out of room below.

| Name | Dose | Frequency | Prescriber |
|------|------|-----------|------------|
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MEDICAL HISTORY

Please check all current and past medical problems that apply to you:

- High blood pressure
 - Asthma or wheezing
 - Heart attack
 - Chronic cough
 - Liver disease
 - Cancer, please specify: _____
 - Diabetes
 - Seizure or epilepsy
 - Chest pain
 - Arthritis
 - Kidney disease
 - Stroke/TIA
 - Bleeding problems
 - Peripheral vascular disease
- Status: Active In remission Current treatment: Chemotherapy Radiation therapy N/A
- Other: _____

In the past year, have you had any falls:

- No falls in the past year One fall without injury in the past year One fall with injury in the past year
 Two or more falls without injury in the past year Two or more falls with injury in the past year

ALLERGIES

Please list all known drug allergies. If you run out of room, please provide a separate list:

| Medication/Drug | Reaction |
|--|----------|
| <input type="checkbox"/> No known drug allergies | |
| <input type="checkbox"/> Contrast dye | |
| | |
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SURGICAL HISTORY

Please list past surgeries. If you run out of room, please provide a separate list:

| Type/Name of Surgery | Date (approximate) |
|----------------------|--------------------|
| | |
| | |
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| | |

HOSPITALIZATION

Have you *ever* been hospitalized? Yes No

If YES, please provide brief description below. If you run out of room, please provide a separate list:

| Date (approximate) | Location | Reason |
|--------------------|----------|--------|
| | | |
| | | |
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FAMILY HISTORY

Please select/list all medical problems that affect family members:

Father:

Heart disease Hypertension Diabetes mellitus Cancer Substance abuse Mental illness

Other _____

Mother:

Heart disease Hypertension Diabetes mellitus Cancer Substance abuse Mental illness

Other _____

Brother(s):

Heart disease Hypertension Diabetes mellitus Cancer Substance abuse Mental illness

Other _____

Sister(s):

Heart disease Hypertension Diabetes mellitus Cancer Substance abuse Mental illness

Other _____

Other family member(s):

Heart disease Hypertension Diabetes mellitus Cancer Substance abuse Mental illness

Other _____

Adopted

Family history unknown

SOCIAL HISTORY

Are you a:

Nonsmoker

Former smoker, date quit: _____

Current smoker

Did you have a drink containing alcohol in the past year? Yes No

If YES, how often did you have a drink?

Monthly or less

2-4 times a month

2-3 times a week

4 or more times a week

If YES, how many drinks did you have on a typical day when you were drinking in the past year?

1-2 drinks

3-4 drinks

5-6 drinks

7-9 drinks

10 or more drinks

If YES, how often did you have 6 or more drinks on one occasion in the past year?

Never

Less than monthly

Monthly

Weekly

Daily

Do you have a history of alcoholism? Yes No

Have you ever been to a detox program for alcohol abuse? Yes No

Have you attended Alcoholics Anonymous? Yes No

Living arrangements:

Alone

Spouse/partner

Friends

Children

Other

Highest education level achieved:

Graduate or professional training (degree obtained)

GED or trade-technical social graduate

College graduate (degree obtained)

Partial high school (10th through 12th grade)

Partial college training

Partial junior high school (7th through 9th grade)

High school diploma

Elementary school (6th grade or less)

PHQ-9

Over the last 2 weeks, how often have you been bothered by any of the following problems?

| | Not at all | Several days | More than half the days | Nearly every day |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| Little interest or pleasure in doing things | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Feeling down, depressed, or hopeless | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Trouble falling or staying asleep, or sleeping too much | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Feeling tired or having little energy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Poor appetite or overeating | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Feeling bad about yourself or that you are a failure, or have let yourself or your family down | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Trouble concentrating on things, such as reading the newspaper or watching television | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around a lot more than usual | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Thoughts that you would be better off dead or of hurting yourself in some way | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Have you ever had psychiatric, psychological, or social work evaluation or treatments for any problem?

Yes No

If YES, when? _____

Have you ever considered suicide?

Yes No

If YES, when? _____

Review of Systems

Over the last 2 weeks, have you had any of the following symptoms:

General/Constitutional:

- Change in appetite
- Chills
- Fatigue
- Fever
- Headache
- Lightheadedness
- Night sweats
- Sleep disturbance
- Weight gain
- Weight loss
- No symptoms

Allergy/Immunology:

- Cough
- Rash
- Sneezing
- No symptoms

Ophthalmologic:

- Blurred vision
- Eye problems
- No symptoms

ENT:

- Dry mouth
- Nosebleed
- Ringing in the ears
- No symptoms

Endocrine:

- Cold intolerance
- Diabetes
- Difficulty sleeping
- Excessive sweating
- Heat tolerance
- Hot flashes
- No symptoms

Respiratory:

- Asthma
- Breathing problems
- Shortness of breath at rest
- Shortness of breath with exertion
- No symptoms

Cardiovascular:

- Chest pain at rest
- Chest pain with exertion
- High blood pressure
- Irregular heartbeat
- Swelling in hands/feet
- No symptoms

Gastrointestinal:

- Abdominal pain
- Blood in stool
- Change in bowel habits
- Constipation

- Decreased appetite
- Diarrhea
- Difficulty swallowing
- Nausea
- No symptoms

Hematology:

- Bleeding problems
- No symptoms

Genitourinary:

- History of kidney stones
- Difficulty urinating
- Kidney problems
- No symptoms

Musculoskeletal:

- Arthritis
- Back problems
- Carpal tunnel
- History of gout
- Joint stiffness
- Leg cramps
- Muscle aches
- Painful joints
- Swollen joints
- Weakness
- No symptoms

Peripheral Vascular:

- Blood clots in legs
- Cold extremities
- No symptoms
- Decreased sensation in extremities
- Pain/cramping in legs after exertion

Skin:

- Discoloration
- Hair changes
- Itching
- Nail changes
- No symptoms

Neurologic:

- Balance difficulty
- Difficulty speaking
- Fainting
- Loss of strength
- Memory loss
- Pain
- Stroke
- No symptoms

Psychiatric:

- Auditory hallucinations
- Visual hallucinations
- Depressed mood
- Loss of appetite
- Psychiatric condition
- Suicidal thoughts
- No symptoms

To the fullest of my knowledge, I have accurately and truthfully completed my health history.

Signature: _____ Date: _____