



Break the cycle of pain			Pain,	, otner (nyper	niarosis)
Name:			DOB	:	
Chief complaint(s):					
Using the diagram below, plea	se mark the location(s) of you	ır pain and/or coı	ndition:		
RIGHT	LEFT				RIGHT
When did your pain begin? D	Pate:	OR	DAYS	MONTHS	YEARS
How did your pain begin? □ Injury at work □ Injury not at work		:	□ Surgery □ Due to	/ other medical tr	eatment

What words best desc	ribe your pain?						
□ Burning	□ Sharp	□ Throb	bing	□ Cutting			
□ Aching	□ Soreness	□ Dull		□ Pins and needles			
☐ Cramping	□ Shooting	□ Press	ure				
□ Other							
□ Other							
Does your pain radiate	anywhere:	⊐ Yes □ No					
If YES, please explain w	vhere:						
My average pain level	is (circle one): 1	2 3 4 5 6	7 8 9 /10				
How often do you have □ Constantly (100% of □ Nearly constantly (60 □ Intermittently (30-60	the time) D-95% of the time						
□ Occasionally (less th	•	e)					
When do you feel you	pain is most pers	istent (Select all that r	may apply):				
□ Morning	□ Midday	□ Afternoon	□ Eveni	ng □ Night			
What do you associate	your pain with or	does your pain influe	nce/cause:				
□ Anger	•	adache		□ Numbness			
□ Anxiety	□ Inco	ontinence		□ Poor sleep			
□ Blurred vision	□ No	bowel function		☐ Sexual dysfunction			
☐ Change in appetite	□ Blad	dder dysfunction		□ Sleep apnea			
□ Fatigue	□ Noo	cturnal movements		□ Weakness			
What makes your pain	better?						
□ Sleeping	□ Exercise	□ Injections	□ lce	□ Physical therapy			
□ Lying down	□ Heat	☐ Medication	□ Rest				
□ Other							
□ Other							
What makes your pain							
□ None	_	□ Standing	□ Sitting	☐ Climbing stairs			
□ Sleeping	□ Walking	□ Straining	□ Driving	□ Bending			
□ Other							
□ Other							
□ Other							
□ Other							

What medications have you tried? If you run out of room, please provide a separate list. Medication Name Side Effects (if any) Effectiveness ☐ Tylenol with Codeine #3 or #4, Fiorecet with Codeine, or Codeine □ Worse □ No change □ Improved ☐ Hydrocodone, Norco/Vicodin □ Worse □ No change □ Improved ☐ Hydromorphone/Dilaudid □ No change □ Improved □ Worse □ Methadone □ No change □ Worse □ Improved □ Buprenorphine/Butrans/ Belbuca/Suboxone/Zubsolve □ Worse □ No change □ Improved ☐ Tramadol or Ultram □ Worse □ No change □ Improved ☐ Oxycodone, Oxycontin, Percocet or Roxycodone □ Worse □ No change □ Improved □ Fentanyl/Duragesic/ Sublimaze □ Worse □ No change □ Improved ☐ Morphine/Duramorph or MS Contin □ No change □ Improved □ Worse □ Nucynta □ No change □ Improved □ Worse □ Cymbalta/Duloxetine □ No change □ Improved □ Worse ☐ Lyrica/Pregablin □ No change □ Improved □ Worse □ No change □ Gralise □ Worse □ Improved ☐ Gabapentin/Neurontin □ Worse □ No change □ Improved □ Topamax/Topiramate □ Worse □ No change □ Improved □ NSAIDS: Aspirin, Ibuprofen Naproxen, Celecoxib, etc. □ Worse □ No change □ Improved □ Baclofen □ No change □ Improved □ Worse □ Flexeril/Cyclobenzaprine □ Worse □ No change □ Improved ☐ Tizandine/Zanaflex □ No change □ Improved □ Worse □ Robaxin/Methocarbamol □ Worse □ No change □ Improved □ No change □ Improved □ Other □ Worse □ Other □ Worse □ No change □ Improved □ No change □ Improved □ Other □ Worse □ Other □ Worse □ No change □ Improved

Does your <i>current</i> medication regimen provide improvement of daily activities/function? If YES, please list activities/functions you are able to perform with your <i>current</i> medication regimen:					
Have you had issues with medication re If YES, please explain why:	egimen compliance? □ Yes	□ No			
<u>-</u>					
What non-pharmacologic approaches h Therapy Type	t non-pharmacologic approaches have you tried? Complete following: Therapy Type Date(s) Tried (if known) Effectiveness				
□ Physical therapy		□ Worse	□ No change	□ Improved	
□ Occupational therapy		□ Worse	□ No change	□ Improved	
□ Aquatic therapy		□ Worse	□ No change	□ Improved	
□ Massage therapy		□ Worse	□ No change	□ Improved	
□ Manual therapy		□ Worse	□ No change	□ Improved	
□ Chiropractic adjustments		□ Worse	□ No change	□ Improved	
□ TENS unit		□ Worse	□ No change	□ Improved	
□ Procedures		□ Worse	□ No change	□ Improved	
□ Biofeedback		□ Worse	□ No change	□ Improved	
□ Acupuncture		□ Worse	□ No change	□ Improved	
□ Psychotherapy		□ Worse	□ No change	□ Improved	
□ Other		□ Worse	□ No change	□ Improved	
□ Other		□ Worse	□ No change	□ Improved	
What specialists have you seen for your <i>current</i> condition, please provide their names if known: Specialty Provider Name and/or Facility Date of Last Visit/Consultation (if known)					
□ Primary care physician					
□ Neurologist					
□ Physiatrist					
□ Neurosurgeon					

□ Orthopedic surgeon							
□ Other							
□ Other							
□ Other							
□ Other							
□ Other							
	OF	RT					
Do you have a family history of alcohol abuse? Do you have a family history of illegal drug abuse? Do you have a family history of prescription drug abuse? Do you have a personal history of alcohol abuse? Do you have a personal history of illegal drug abuse? Do you have a personal history of prescription drug abuse? Are you between the ages of 16-45? Do you have a history of preadolescent sexual abuse? Do you have ADD, OCD, bipolar, or schizophrenia? Do you have history or are currently depressed? Have you used drugs other than those for medical reasons in			No	ths? \Box	ı Yes 🗆	ı No	
Have you ever been in a detoxification program for drug abuse? ☐ Yes ☐ No Have you attended Narcotics Anonymous? ☐ Yes ☐ No							
To the fullest of my knowledge, I have accurately and truthfully completed my health history.							
Signature: Date:							